

# HEALING HANDS CHIROPRACTIC

(570)339-4599

[jburgess@doctorburgess.com](mailto:jburgess@doctorburgess.com)

*Bee Pollen* offers several all-natural products for your weight loss and energy needs. Bee Pollen is an all-natural herbal supplement created to aid in the weight loss process. Through an effective combination of traditional Chinese herbs, bee pollen supplements produce visible results. This unique, all-natural dietary supplement has been developed by experts in the health and nutrition field committed to helping people safely reduce their weight through all-natural sources.

## How does it work?

### **Part I: Elimination of Fat Through Thermogenesis**

Thermogenesis refers to the creation of heat. It is the term used by scientists to describe the activity of BAT (brown adipose fat tissue), which includes BAT's numerous biochemical and metabolic events. The outcome of these events is the generation of thermo units, in other words, the creation of heat in your body. The key to the Ultimate Formula is to generate as much BAT activity as possible, and in many cases, reactivate the BAT that has become dormant or become less effective as we age.

### **Part II: Detoxification of the Colon and Digestive System**

These products offer a cleansing of the digestive system by utilizing insoluble fiber from several of the ingredients. These products provide a natural laxative that removes toxins from the body.

### **PART III: PH Balancing**

Studies have shown that fat is kept on the body to protect itself from acid. The more acid your body produces; the more fat your body needs. Why? The body wraps the acid in the fat to protect it from damaging the internal organs. These products help to balance the PH levels, thus reducing acid levels which will allow fat to be eliminated from the body.

## Supplements

**Ultimate Formula** is our most potent supplement. Choose this for your initial weight loss. The Ultimate Formula essentially "jump-starts" your system. It suppresses appetite, increases energy, cleanses the body of harmful toxins and helps to stabilize your metabolism. This product does contain Cassia and Senna, both of which are not intended for long term use.

**Classic Zi Xiu Tang** has similar ingredients to Ultimate but is a milder supplement recommended for initial weight loss. It also contains Cassia and Senna and is not intended for long term use. It increases energy as well as helps to stabilize your metabolism.

**Regular Strength Zi Xiu Tang** is what we call our "maintenance" formula. Use this product if you have only a little weight to lose, or if Ultimate and Classic are too strong, or if you have been using the Ultimate Formula or Classic Zi Xiu Tang for three consecutive months. We recommend taking at least one full month of Regular Strength Zi Xiu Tang before returning to Ultimate Formula or Classic Zi Xiu Tang. This supplement helps to maintain weight, increase energy levels and stabilize metabolism. Regular Strength Zi Xiu Tang DOES NOT contain Cassia or Senna and can be taken long term.

## *Benefits of Bee Pollen*

- Increased energy and metabolism**
- Adjusts blood sugar levels and cholesterol**
- Anti-viral properties, stimulates immune system**
- Decrease in allergy symptoms**
- Increases sex drive in men and women**
- Increased fertility in both men & women**
- Improves blood circulation & relaxes blood vessels**
- Increased skin elasticity and clarity**